Baby Registry Checklist

everything in one place

Free printable, 72 items

VitaMamma

before you start

How to print

Baby Registry Checklist is a digital file. Nothing is shipped.

Pick your size

This download comes in US Letter (8.5 x 11 in) and A4 (210 x 297 mm). Use the one that matches your paper.

Print at 100%

In the print window choose Actual size or 100%, not "Fit to page", so everything keeps its size.

Paper

Regular printer paper works for writing pages. For cards and signs, cardstock feels sturdier.

Print only what you need

Every page stands alone. Choose a page range in your print window to skip the cover and save ink.

Need help? If a file won't open or something looks wrong, message us through the shop where you bought it and include your order details.

Personal use only

The checklist

Tick what you add. The numbers are a starting point, not a rule.

Sleep and nursery

- [ ] Crib or bassinet
- [ ] Firm, flat crib mattress
- [ ] Fitted crib sheets 2-3
- [ ] Waterproof mattress protectors 2
- [ ] Sleep sacks 2-3
- [ ] Swaddles 3-4
- [ ] Baby monitor
- [ ] Dresser or changing table
- [ ] Changing pad and covers 2
- [ ] Glider or rocking chair
- [ ] Blackout curtains
- [ ] White noise machine
- [ ] Night light
- [ ] Laundry hamper

Feeding

- [ ] Bottles 4-6
- [ ] Extra nipples (next flow size)
- [ ] Bottle brush and drying rack
- [ ] Breast pump (check your insurance)
- [ ] Milk storage bags
- [ ] Nursing pillow
- [ ] Nursing bras 2-3
- [ ] Nursing pads
- [ ] Burp cloths 6-8
- [ ] Bibs 6+
- [ ] Pacifiers 2-3
- [ ] High chair (for about 6 months)

Diapering

- [ ] Diapers, newborn size
- [ ] Diapers, size 1
- [ ] Wipes
- [ ] Diaper cream
- [ ] Diaper pail and refills
- [ ] Portable changing pad
- [ ] Diaper bag
- [ ] Wet bags — 2

Bath and care

- [ ] Infant bathtub
- [ ] Hooded towels — 2-3
- [ ] Washcloths — 6
- [ ] Gentle, fragrance-free baby wash
- [ ] Soft hairbrush
- [ ] Nail clippers or file
- [ ] Nasal aspirator
- [ ] Digital thermometer
- [ ] Infant first-aid kit
- [ ] Cool-mist humidifier

Clothing (newborn and 0–3 months)

- [ ] Bodysuits — 7-10
- [ ] Footed sleepers or gowns — 5-7
- [ ] Pants — 4-6
- [ ] Socks — 6 pairs
- [ ] Hats — 2-3
- [ ] Scratch mittens — 2
- [ ] Seasonal outerwear or bunting — 1
- [ ] Going-home outfit — 1

Safe sleep: keep the crib bare, with only a fitted sheet on a firm, flat mattress, and no pillows, bumpers, blankets or soft toys. This follows American Academy of Pediatrics guidance.

Gear and on the go

- [ ] Rear-facing infant car seat
- [ ] Stroller or travel system
- [ ] Baby carrier or wrap
- [ ] Play yard
- [ ] Bouncer or swing
- [ ] Play mat or activity gym
- [ ] Extra car seat base
- [ ] Car window shades

Play and learning

- [ ] Board books 5+
- [ ] High-contrast cards
- [ ] Soft rattles 2
- [ ] Teething toys (from about 3 months) 2-3
- [ ] Tummy-time mirror

For the parents

- [ ] Postpartum pads
- [ ] Peri bottle
- [ ] Nursing-friendly pajamas 2
- [ ] Large water bottle
- [ ] Easy snacks for night feeds
- [ ] Meal delivery gift cards
- [ ] Diaper or wipes subscription

My extras

Registry tips

Start early, add in waves

Many parents open a registry around 20 weeks. Add the basics first, then fill gaps after the baby shower.

Mix price points

Include small items next to big ones so every guest can find something.

Size up on clothes

Babies outgrow newborn sizes fast. Ask for more 0-3 and 3-6 month clothes than newborn.

Check the big safety items

Buy car seats and cribs new and check for recalls at nhtsa.gov and cpsc.gov.

Group gifts

Most registries let several people chip in for one large item, like a travel system.

Keep a thank-you list

Note who gave what as gifts arrive. It makes thank-you cards quick.

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